

And coming to Ipswich in March Bawdsey Radar - The Eyes of the Few

Wednesday 13th March



Join us at Kesgrave for 7.30pm when Paul Whiting will give us a brief history of the scientists who developed the principles of radar as we know it today, and the role of Bawdsey Radar in World War 2.

Followed by an opportunity for a chat with Tea/coffee and biscuits

We look forward to seeing you there.

Coming to Peterborough in March Peterborough Group



**Wednesday 6th March 2024 at 7.30pm
+ One Man's Meat by Mike Wabe**



Milton Golf Club, Peterborough PE6 7AG

Following the formal proceedings of the evening Mike Wabe will wonder if you and your partner been discussing insurance recently? Has your partner added some new plants in your garden? Does your tea taste funny?

You know the old saying - one man's meat is another man's poison. Well, that is what this presentation is all about - POISON! Poison has come to signify the method used by women to get rid of unwanted others. But as you will hear, men make use of these deadly substances with gay abandon.

Many of the substances used to kill, also have valuable medicinal purposes, or were thought to have. It is the dosage that is important, and often the line between kill or cure is very fine indeed.

We look forward to seeing you there.

-Since-
1969

boundless BY CSMA

Norwich Group

March 2024 Newsletter Medical Detection Dogs

Thursday 14th March

You may already know that dogs have the ability to detect some diseases in people, so there is now an organisation which trains dogs to look for specific problems. Tonight, Norma Howell will be here to describe the work of "Medical Detection Dogs" and how it works in the community to help in fighting these diseases.

Sadly, no dogs will be there. The event is free, but you will have to buy your own food and drink, available before and after the talk.



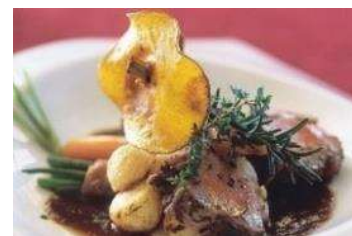
We look forward to seeing you there.

Filby Bridge Spring Lunch

Thursday 28th March

Filby Bridge Restaurant, Main Road, Great Yarmouth NR29 3AA

We invite you to join us at the Filby Bridge Restaurant for our first meal of 2024. Pre-booking is required, so if you wish to join us



make your selections, any 2 courses per meal from the included menu and return with your payment by Wednesday 20th March. Lunch will be served at 12.30pm.

Any special dietary requirements can be discussed directly with the restaurant on 01493 368142, but please mention them

on the completed order form

We look forward to seeing you there.

The opinions and recommendations in this newsletter are those of the individual contributors and not necessarily those of Boundless by CSMA, the editor or the Norwich Group.

Menu	Selection	
Breaded Mushrooms with Garlic dip		
Deep fried Camembert with cranberry sauce		
Prawn Cocktail		
Homemade Steak & Ale suet pudding		
Grilled Haddock with chips and peas		
Fried Haddock with chips and peas		
Roast Chicken		
Braised Steak & Onions in red wine gravy		
Homemade vegetable Lasagna Chips & Peas		
Homemade Apple crumble & custard		
Homemade Lemon Cheesecake		
Eaton Mess		
Warmed Chocolate Fudge cake		

Followed by tea/coffee

Name:

Address:

Meals are - 2 courses @ £24; 3 courses @ £31

Payment of £..... enclosed - 2-course &..... 3-course meals

All meals must be pre-ordered & paid for by **Wednesday 20th March**

Please make cheques payable to **"C S M A Ipswich Group"**

Or BACS sort code 09-01-52 account number 01676508

And send to

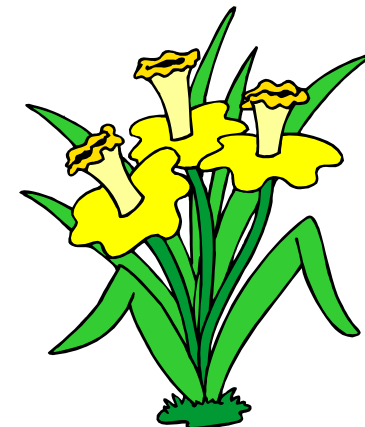
norwichgroup@boundlesscommunity.co.uk

Post Bob Thomas, 1 St Mary's Close, Trimley St Mary, Felixstowe, IP11 0TY

March Missing Links

Each clue consists of three words which have the fourth word in common. You must find the missing link. e.g.: Bald - Eyed - Golden, are all linked by word Eagle as in Bald Eagle - Eagle Eyed - Golden Eagle.

1. Commentary - Water - Gun
2. Slam - Master - Piano
3. Building - Picnic - Web
4. Screw - Train - Slave
5. Jacket - Cake - Crisp
6. Family - House - Top
7. Moon - Comb - Trap
8. Weight - Clock - Bird
9. Shave - Here - Care
10. Land - War - Ship



Answers to February Missing Links

Each clue consists of three words which have the fourth word in common. You must find the missing link. e.g.: Bald - Eyed - Golden, are all linked by word Eagle as in Bald Eagle - Eagle Eyed - Golden Eagle.

1. **Active** Volcano - **Active** Service - Radio **Active**
2. **Negative** Feedback - Double **Negative** - **Negative** Equity
3. Smoke **Detector** - Metal **Detector** - Lie **Detector**
4. Traction **Engine** - **Engine** Driver - Fire **Engine**
5. **Speech** Writer - **Speech** Bubble - Free **Speech**
6. **Apple** Crumble - Toffee **Apple** - Crab **Apple**
7. Hurricane **Lamp** - Standard **Lamp** - **Lamp** Shade
8. Return **Address** - **Address** Book - Forwarding **Address**
9. Stomach **Ache** - Heart **Ache** - Head **Ache**
10. Postage **Stamp** - Rubber **Stamp** - **Stamp** Duty

And finally - A duck, a skunk and a deer went for a dinner at a restaurant one night, when it came to pay, the skunk didn't have a scent, the deer didn't have buck, so they put the meal on the duck's bill.

Norwich Group Communications

For up-to-date information on forthcoming Norwich Group events,

see: **-The latest edition of your newsletter.**

Our home page at - boundless.co.uk/norwich

Call Leader Mike Holmes on 01508 558312

email mike.holmes377@outlook.com



If you already have a Facebook account then log in, otherwise you will need to register. Then request to be a friend and wait for the confirmation (should be done the same day).



<http://www.facebook.com/groups/EastAngliaGroups/>

Please send change of address details & articles for inclusion in the next edition to Mike Holmes by Monday 11th March 2024.

We respect your privacy and if you no longer wish to receive this newsletter, please let us know by email to norwichgroup@boundlesscommunity.co.uk

unless stated otherwise Club events begin at 2pm in our new venue, the meeting room at

“The Sugar Beat” bar and restaurant, Norwich Rd Swainsthorpe Norwich NR14 8PU.

You can have lunch in the restaurant before our event.



Photograph by James Ames

Norfolk Wherry Trust Talk

**Thursday 11th April
2pm to 4pm,**

Our speaker for this afternoon is Ivor Stamp who will tell us of the work of the "Norfolk Wherry Trust".

You probably know that the traditional wherry was the equivalent of the shipping container, carrying all sorts of loads around the Broads. The Trust was

set up to preserve the history and knowledge of these vessels, including preserving examples in working order.

A reminder that food and refreshments are available before and after the talk, but you will have to pay for them yourself.

All welcome!

Norwich Castle: Royal Palace Reborn A Story 900 Years in the Making

Our speaker for the February meeting at “The Sugar Beat” was Hannah Jackson from the Norfolk Museum Service. One of their important sites is Norwich Castle, and there has been a project running for several years now to re-furbish the Keep, which is the square building on top of the mound. The intention is to re-create the interior as it was when the Keep was originally built (by William of Normandy and his son Henry) when it was a royal palace, just like the White Tower at the Tower of London. Just like it's London counterpoint it was clad in white stone to demonstrate the power of the invaders, and to show they were here to stay, and it makes Norwich Castle a very significant historical building.



Hannah gave us a brief run through the Castle's history, which is really one of steady decline and neglect as even the roof fell in; the final ignominy was the prison building put up inside the main structure. As is often the case, it was saved in the Victorian era when it was turned into a museum, which at least meant it got a new roof. Despite the success of this transformation, and various minor upgrades through the years, it was decided to re-cast the interior, to make it the same as when originally constructed, but with extra facilities such as learning centre (and modern toilets), and crucially these days disability access. There's even a lift, going from the basement to the roof, so visitors will be able to look across the whole City.

Hannah then gave us a pre-view of what will be there when it re-opens this summer, and also explained some of the challenges of creating a visitor centre which complies with all the modern regulations, but not affecting the original structure. Hence the large tower crane which has to bring all the materials onto site, as the old bridge into the site can only take small loads, and special "spider cranes" which can fit through small doorways but which "grow" once inside to reach all the interior spaces. It also means new oak doors inside the building had to be tested for fire safety – by trying to burn

through a sample door to prove it could withstand a fire for 90 minutes.

To summarise, a very interesting talk, explaining what is going on behind the hoardings round the site, and encouraging us to make a visit once it re-opens.

* * * * *

Amazing !!!

Usually where we live is very, very quiet. No passing traffic, no lights and the most agreeable neighbours you could ever wish for. And why! because we live on the edge of the local cemetery. It's a beautiful spectacle, well kept and always a stunning display of flowers.

So, you can imagine our dismay, when the other morning we heard lots of noise and lots of voices. I stood on my nosying stool, looked over the wall from the bedroom and WOW.

I was greeted by a wonderful sight not usually seen in our cemetery. Cameras set on tripods, loudspeakers and lots of people of colour, all in national dress. Proper Africana dress, with the ladies in their colourful dresses and high head-dresses and the men in their long flowing robes.

Well, that's some special funeral I said to Dean, I wonder who it's for, must be someone important that's for sure, but how would we find out.

Surprisingly when a friend of ours visited a couple of days later she started telling us how she had recently been to the funeral of an African gentleman. He and his wife lived in the village and he had been in a local care home suffering from dementia before passing away. It turned out that his wife was a Nigerian Princess and he had held a high position in the Nigerian government.

On his retirement they came to live in London and he became a Pastor in one of their churches there. Eventually he had been asked to come to be a pastor in their church in Worksop and the couple had decided to buy a property in Dinnington which is why his funeral was in Dinnington cemetery next to our bungalow.

How wonderful, Nigerian elite in our local cemetery.